# A Physiologically-Based Framework for the Simulation of Skin Tanning Dynamics

T. Francis Chen and Gladimir V. G. Baranoski Natural Phenomena Simulation Group University of Waterloo, Canada

#### Outline

- Introduction
- Photobiological Background
- Framework Description
- Results and Discussion
- Conclusion



#### Introduction

- Tanning is one of the most striking appearance changes in humans skin
- How do we simulate this non-linear phenomenon?
  - When does a tan reach a steady state plateau in response to ultraviolet radiation (UVR) exposure?
  - For how long does the plateau last?
  - How does the exposure dose affect the timing and duration of a tan already in progress?
  - How does it affect a tan that is already fading?



#### Introduction: Contribution

 A novel comprehensive framework for the physiologically-based simulation and visualization of time-dependent skin appearance changes resulting from tanning elicited by UVR exposure

• We are **not** presenting a new skin appearance model

 One can employ any predictive model in the visualization of the framework results



Specimen 1 (BioSpec Model) Specimen 2 (HyLloS Model)

#### Introduction: Related work

Simulation of skin appearance changes:

- Folds and wrinkles
  - [Magnenat-Thalmann et al. 2002]
- Anemia and cyanosis
  - [Baranoski et al. 2015 and 2017]
- Pigmentation disorders
  - [Barros and Walter 2016]
- Tanning
  - [Thingnes et al. 2009 and 2014]
    Does not account for different UVR sensitivities and skin thickness changes





Courtesy of S. Miller

#### Introduction: Relevance

 In silico investigation of spectrally-dependent photobiological phenomena affecting skin appearance and natural protection over time

 Enhancement of the level of realism of virtual human characters



#### Photobiological Background: Skin Structure

Layers (from top to bottom):

- Stratum corneum
- Epidermis
  - Stratum granulosum
  - Stratum spinosum
  - Stratum basale
- Dermis

Pigment:

- Melanin
  - Contained within melanosomes
    - Produced by melanocytes



#### Photobiological Background: Skin Phototype

Fitzpatrick skin phototype (SPT):

- Used to characterize
  - Pigmentation baseline
  - Ability to tan
  - Resistance to sunburn
- From lowest to highest:
  - $\circ$  ~ SPT I, II, III, IV, V and VI ~



### Photobiological Background: Tanning Responses

Two primary changes:

• Melanin distribution

• Skin thickening



#### Framework Description: Overview

- Based on current understanding of skin tanning process
- Input: Skin parameters + UVR dose
- Computation: Melanin + thickness dynamics
- Output: Updated biophysical parameters + appearance attributes



#### Framework Description: Overview

- A light interaction model is needed for UVR dose evaluation
  - Such a model needs to be predictive in the UV domain
- A light interaction model is also needed for the computation of skin appearance attributes
- Selected model: HyLloS (Chen et al. 2015)



#### Framework Description: Initiation

When to stimulate **melanin** dynamics:

Input dose > Min. melanogenesis dose



Weighted by melanogenesis action spectrum and skin absorptance

When to stimulate **thickness** dynamics:

Input dose > Min. erythema dose



Weighted by erythema action spectrum and skin absorptance

#### Framework Description: Melanin Dynamics

- Increase in melanin content in a layer
  - Produced internally within the layer
  - Transferred from another layer (below)
- Decrease in melanin content in a layer
  - Natural decay
  - Transferred to another layer (above)



#### Framework Description: Melanin Dynamics

- Input dose is used to modulate factors that increase and decrease melanin content
  - Sufficient input UV dose
  - Triggers production of signal substance
  - Triggers melanin production and transfer

$$\begin{split} m(t) &= p(t) \\ &+ m(t-1) \cdot \delta \cdot \tau(t) \\ &+ m_{-1}(t-1) \cdot \tau_{-1}(t) \end{split}$$

- Final output
  - Relative change in layer-specific and overall melanin content



#### Framework Description: Thickness Dynamics

- Input dose is used to modulate factors that increase and decrease skin thickness
  - Similar algorithm as melanin dynamics
- Final output
  - Relative change in layer-specific thickness



#### **Results and Discussion: Photoaddition**



Input doses



Melanin content

#### **Results and Discussion: Simulated Experiment**

![](_page_16_Picture_1.jpeg)

Apply template

Expose to UVR

Record changes

#### **Results and Discussion: Different Exposures**

![](_page_17_Figure_1.jpeg)

Measured data from Miller et al. 2012

#### **Results and Discussion: Visualization**

![](_page_18_Picture_1.jpeg)

Rendering of appearance transition (using computer graphics techniques)

#### Results and Discussion: Different Skin Phototypes

![](_page_19_Picture_1.jpeg)

Higher UVR sensitivity of individuals with low SPT Trend consistent with experimental observations (e.g., Ravnbak et al. 2008)

#### Results and Discussion: Different UV Doses

![](_page_20_Picture_1.jpeg)

Higher tanning ability of individuals with high SPT Trend consistent with experimental observations (e.g., Miller et al. 2012)

#### **Results and Discussion**

![](_page_21_Picture_1.jpeg)

During exposure

Few days after exposure

Couple weeks after exposure

#### **Results and Discussion: Full Animation**

![](_page_22_Picture_1.jpeg)

Non-linear behavior consistent with experimental observations (e.g., Ravnbak et al. 2008)

Small frames: every 1 day Large frames: every 10 days < 1s to compute 1 year of data

#### Conclusion

 We present a novel comprehensive framework for the physiologically-based simulation and visualization of time-dependent skin appearance changes resulting from tanning elicited by UVR exposure

 It establishes causal relationship between virtual environment and skin appearance

![](_page_23_Picture_3.jpeg)

#### Conclusion

 It supports interdisciplinary research involving in silico testing of protective products (e.g., sunscreens)

 It can be used to promote public awareness regarding the harmful effects of UVR

![](_page_24_Picture_3.jpeg)

#### Thank You!

- Group page
  - http://www.npsg.uwaterloo.ca
- Videos:
  - http://www.youtube.com/UWNPSG

![](_page_25_Picture_5.jpeg)

## Supplementary Material

#### Framework Description: Melanin Dynamics

![](_page_27_Figure_1.jpeg)

Different melanin distribution

![](_page_27_Figure_3.jpeg)

Different skin reflectance

#### **Deriving Tanning Specification Data**

![](_page_28_Figure_1.jpeg)

Measured data from Tadokoro et al. 2005

#### **Deriving Tanning Specification Data**

#### Thickness change for different MED

![](_page_29_Figure_2.jpeg)

Measured data from Lopez et al. 2004

#### Swatches Rendered Using BioSpec

![](_page_30_Figure_1.jpeg)

#### **Hill Equation**

- Used to produce a sigmoidal curve
  - s: amount of signal substance
  - k: cooperativity (binding ability)
  - w: dissociation (threshold)
- Equation originally used to describe oxygen binding to hemoglobin
- S. Goutelle, M. Maurin, F. Rougier, X. Barbaut, L. Bourguignon, M. Ducher, and P. Maire, "The Hill equation: a review of its capabilities in pharmacological modelling," Fund. Clin. Dermatol., vol. 22, pp. 633–648, 2008.

 $M = \frac{s^k}{s^k + u^{k}}$ 

#### Full Citations: Measured Data

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- T. Tadokoro, Y. Yamaguchi, J. Batzer, S.G. Coelho, B.Z. Zmudzka, S.A. Miller, R. Wolber, J.Z. Beer, and V.J. Hearing, "Mechanisms of skin tanning in different racial/ethnic groups in response to ultraviolet radiation," J. Investig. Dermatol., vol. 124, no. 6, pp. 1326–1332, 2005.
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#### Full Citations: Related Works

- N. Magnenat-Thalmann, P. Kalra, J.L. L´ev´eque, R. Bazin, D. Batisse, and B. Querleux, "A computational skin model: fold and wrinkle formation," IEEE Trans. Inf. Technol. B., vol. 6, no. 4, pp. 317–323, 2002.
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- J. Thingnes, L. Oyehaug, and E. Hovig, "Mathematical and biological processes of skin pigmentation," in Computational Biosphysics of the Skin, B. Querleux, Ed., pp. 3–24. Pan Stanford Pub., Singapore, 2014.
- G.V.G. Baranoski, A. Dey, and T. F. Chen, "Assessing the sensitivity of human skin hyperspectral responses to increasing anemia severity levels," J. Biomed. Opt., vol. 20, no. 9, pp. 095002:1–14, 2015.
- G.V.G Baranoski, S.R. Van Leeuwen, and T.F. Chen, "Elucidating the biophysical processes responsible for the chromatic attributes of peripheral cyanosis," in 39th Annual International Conference of the IEEE Engineering in Medicine and Biology Society (EMBC), Jeju, South Korea, August 2017, pp. 90–95.
- R.S. Barros and M. Walter, "Synthesis of human skin pigmentation disorders," Comput. Graph. Forum, vol. 36, no. 1, pp. 330– 344, 2016.

#### Full Citations: Appearance Models

• T.F. Chen, G.V.G. Baranoski, B.W. Kimmel, and E. Miranda, "**Hyperspectral modeling of skin appearance**," ACM T. Graphic., vol. 34, no. 3, pp. 31:1–31:14, 2015.

• A. Krishnaswamy and G.V.G. Baranoski, "A biophysically-based spectral model of light interaction with human skin," Comput. Graph. Forum, vol. 23, no. 3, pp. 331–340, 2004.